

Special remembrances for the divine family from Dadi Janki, London – 10th January 2004

Today, the UK family has gathered together at Global Co-operation House to celebrate the Day of Remembrance with the London family. Three things of sakar Baba which enabled him to draw everything from Shiv Baba are specially coming in front of me today – His tyaag, surrender, and sannyas. This morning we had the great fortune of having Dadiji and Dadi Gulzar with us in class over the phone. BapDada has constantly been showering all of us with blessings upon blessings and decorating us with His invaluable jewels. Enclosed are some wonderful versions to imprint in your heart. Below is a message that BapDada gave especially for today for the UK family celebration, and also 18 points of invaluable teachings from Sakar Baba, and also the teachings that Brahma Baba shared with the children on the night before becoming avyakt. I hope you will enjoy these invaluable sweet elevated versions and keep them in your heart for now and always.

In remembrance of the Ocean of Love,

B.K. Janki

BapDada's message via Dadi Gulzar for the Day of Remembrance with the UK family – 10/01/04

Today, carrying special love and remembrances of both Dadis and all of you, I reached the subtle region and celebrated a meeting with BapDada through the eyes. Baba merged me in His sweet drishti as I came closer. Baba said: Come, My powerful child, come. What news have you brought today? I replied: Baba, nowadays, there is the wave of love of the day of remembrance in all the children, and everywhere there are programmes of powerful remembrance. BapDada said: The children's love is reaching the Father. This Day of Remembrance is the Day of Power. This Day of Remembrance is the day for the special children to receive the blessing of power from Father Brahma. BapDada has made Himself the backbone and willed the Shaktis the power for them to be revealed in front of the world. This is the day of receiving the blessing, "Son shows Father". Therefore, this day is very important. Seeing the fortune of the children, BapDada is pleased and together with the blessing of this Day of Remembrance, children also have the blessing of the confluence age, because this confluence age is a very powerful age. BapDada always reminds you that this confluence age is the age that creates the fortune for the whole kalpa powerful. Secondly, it is the age for transforming the wasteful into powerful. Thirdly, it is the age to change shells into diamonds. Therefore, it is essential for children to pay attention to these two special treasures: One is thoughts and the other is time. These two treasures are the biggest of all diamonds of this time. Therefore, you have to make each thought powerful and use every moment in a worthwhile way and inspire others to do the same. Always pay this attention that you have to save things from going to waste and also accumulate.

After this, I gave Baba service news of both Dadis, of how Dadiji, with a lot of courage and enthusiasm, together with other companions, went on service to Bhopal. The whole programme was very good. You gave everyone lots of enthusiasm and also gave a message. Matter also co-operated, that day was very good and next day there was a lot of rain and cold winds. Baba said: This is the speciality of My specially beloved children. At the right time, you receive the power of courage as a blessing. BapDada is also giving congratulations to the whole group. With the power of courage, continue to move along and make others move along too. Through His eyes, BapDada gave lots of love to everyone. After this, I gave Baba news of Dadi Janki's meeting with H.R.H Prince Charles. He was very happy to meet Dadi and had a very lovely and "homely" exchange with Dadi.

*BapDada smiled sweetly and gave congratulations and blessings for the courage and thoughts of zeal and enthusiasm of the children abroad. It was as though each instrument child was coming in front of BapDada's eyes, and BapDada was giving each instrument child lots of love and remembrance. I was very happy just to be an observer. After this, Baba said: Seeing the wonders of the children, Baba is singing songs of "Wah, wah!" of the children. After this, Baba especially remembered both Dadis and said: The love and closeness between both instrument Dadis are tying the whole Brahmin family with the vibrations of love. Saying this, Baba merged both Dadis and me in Him and I reached the corporeal world. * * **



**Eighteen Invaluable Points from our
Beloved Sakar Baba for the Day of Remembrance,
18th January 2004**



Sweet children, the forehead is the immortal throne of the soul, the immortal image. This throne can never have any illness or any difficulty. The extremely subtle soul, which never becomes big or small, is seated on this throne.



2. Children, whenever you are speaking to anyone, consider yourself to be a soul. Look at your brothers with your third eye of knowledge. By looking at the soul brother, the physical organs will not cause mischief.



3. Charity begins at home, that is, first of all consider yourself to be a soul and then explain to your brothers. When anyone says anything wrong to you, just remain silent. Be tolerant. If you want to constantly remain happy, then be manmanabhav. Consider yourself to be a soul and remember the Father.



4. This body is made of the five elements. These five elements pull the soul to remain here, because it is as though the soul has taken ownership of the body and regards it as its property. Remove your attachment to it, because you now have to go home.



5. You children are now becoming pure through yoga. When the soul becomes pure, it will shed its body as easily as pulling a hair through butter. It should remain in your intellect that you are going home to Baba.



6. Brahma Baba says: Children, God is not a bodily being. He has come to meet you children personally. He has come face to face with you children from the supreme abode. He is Knowledge-full, the Ocean of Knowledge. He has entered this body to teach you children Raja Yoga. So you shouldn't miss the study for even one day.



7. You have to pay full attention to your every action. You must never perform any wrong actions. Continually check: Do I have any bad thoughts in my intellect because of Maya? Do I have bad vision?

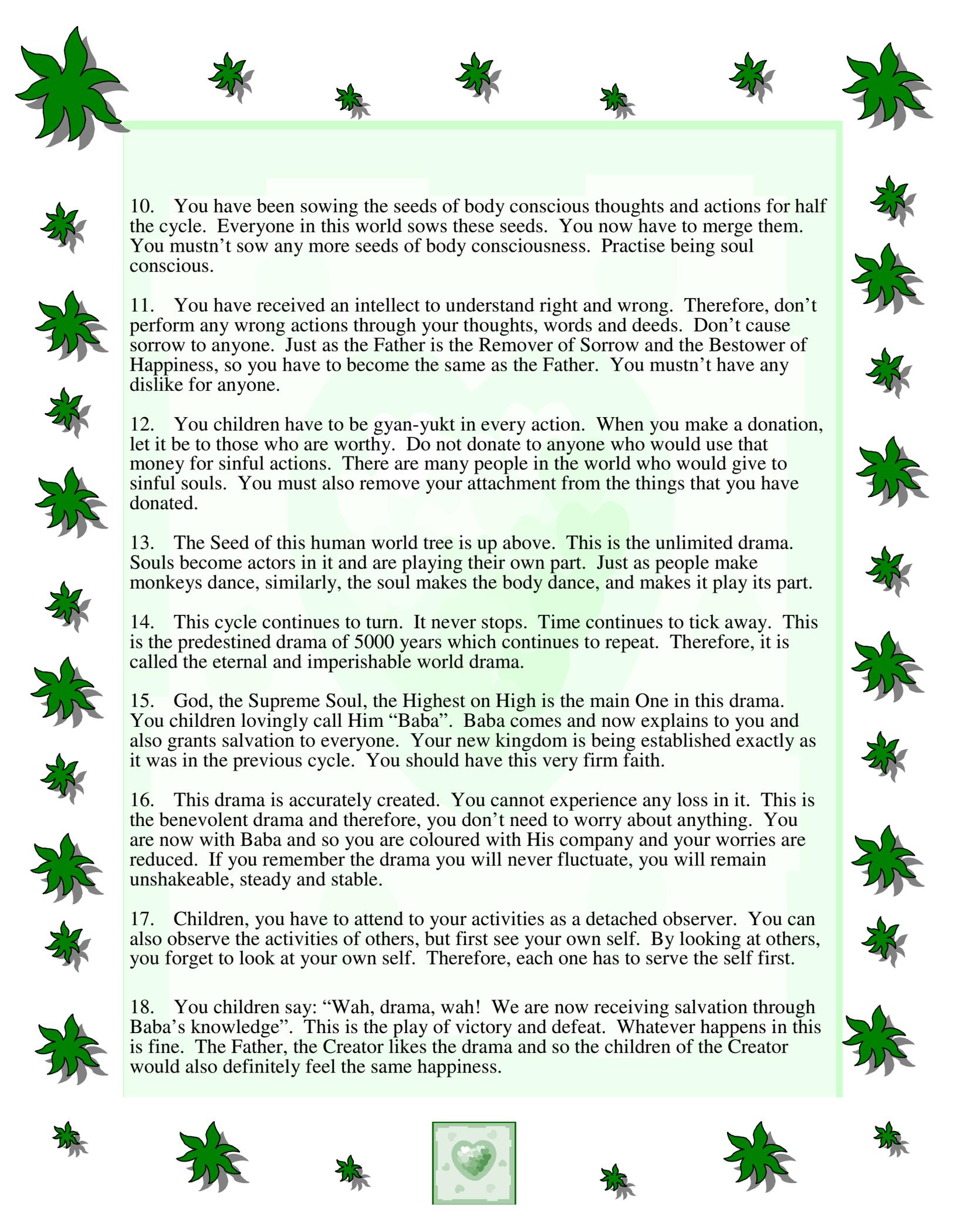


8. Continue to follow the shrimat that you are receiving at every step and your boat will go across. Always pay attention, "Whatever actions I perform, others seeing me will do the same". You have to pay full attention to the study. Don't perform actions that will defame the Father, Teacher & Satguru.



9. Every jewel of knowledge that the Supreme Father, the Supreme Soul gives you through the body of Brahma is worth hundreds of thousands of rupees. You have to imbibe these jewels of knowledge and donate them to others. The more you receive from Baba and give to others, the higher the status you claim.





10. You have been sowing the seeds of body conscious thoughts and actions for half the cycle. Everyone in this world sows these seeds. You now have to merge them. You mustn't sow any more seeds of body consciousness. Practise being soul conscious.

11. You have received an intellect to understand right and wrong. Therefore, don't perform any wrong actions through your thoughts, words and deeds. Don't cause sorrow to anyone. Just as the Father is the Remover of Sorrow and the Bestower of Happiness, so you have to become the same as the Father. You mustn't have any dislike for anyone.

12. Your children have to be gyan-yukt in every action. When you make a donation, let it be to those who are worthy. Do not donate to anyone who would use that money for sinful actions. There are many people in the world who would give to sinful souls. You must also remove your attachment from the things that you have donated.

13. The Seed of this human world tree is up above. This is the unlimited drama. Souls become actors in it and are playing their own part. Just as people make monkeys dance, similarly, the soul makes the body dance, and makes it play its part.

14. This cycle continues to turn. It never stops. Time continues to tick away. This is the predestined drama of 5000 years which continues to repeat. Therefore, it is called the eternal and imperishable world drama.

15. God, the Supreme Soul, the Highest on High is the main One in this drama. Your children lovingly call Him "Baba". Baba comes and now explains to you and also grants salvation to everyone. Your new kingdom is being established exactly as it was in the previous cycle. You should have this very firm faith.

16. This drama is accurately created. You cannot experience any loss in it. This is the benevolent drama and therefore, you don't need to worry about anything. You are now with Baba and so you are coloured with His company and your worries are reduced. If you remember the drama you will never fluctuate, you will remain unshakeable, steady and stable.

17. Children, you have to attend to your activities as a detached observer. You can also observe the activities of others, but first see your own self. By looking at others, you forget to look at your own self. Therefore, each one has to serve the self first.

18. Your children say: "Wah, drama, wah! We are now receiving salvation through Baba's knowledge". This is the play of victory and defeat. Whatever happens in this is fine. The Father, the Creator likes the drama and so the children of the Creator would also definitely feel the same happiness.



Om shanti. Children come to be refreshed by the spiritual Father. All of you children know that you receive the sovereignty of the unlimited world from the unlimited Father. You children should never forget this, but you do forget. Children, it is Maya who repeatedly makes you forget. If Maya didn't make you forget, you would be very happy. The Father explains: Children, continue to look at your badge again and again. You should always have it on. Continue to look at the pictures in your home and office, and continue to look at your *badge*. Whilst walking and moving around, continue to look at your badge so that you can know that by having remembrance of Baba, you are becoming like that with Baba. You also have to imbibe divine virtues, because this is the only time to do this. You children will never receive this knowledge again. This is the only time when the Father says: Sweetest children. He continues to say, "Sweet sweet, sweet, sweet children" day and night. Children cannot say to Baba, "Sweetest Baba!" In fact, both should say to one another, because both are sweet. However, some children cannot understand the unlimited Father. The Father has come to teach you children. He continues to teach you. You should understand in your heart that those who continue to follow shrimat will definitely become elevated. There is no question of ever becoming upset about this. There is no need to get upset with anyone. To get upset means to get angry. So, under no circumstances should anyone get angry. Baba spoke a murli saying that you mustn't take the law into your own hands. Even if someone is getting angry or making a mistake, report it to Baba, but don't you yourself say anything to that person. If you say something, that is like taking the law into your own hands. The Government also says: If someone punches you, don't retaliate, but report it. Do not punch that person back. They will bring a case against that person. So here, too, it is like that. Children, you must never answer back. You may tell Baba because it is Baba who will caution you children. Baba will then give you a yukti very sweetly. If you become body conscious, you will reduce your status. So why do you cause yourself a loss? Bring as much benefit as possible. Continue to remember the Father with a lot of love. Baba doesn't tell you to remember him with unlimited love. No. He says: Remember the unlimited Father with unlimited love. Why? Because He gives you the sovereignty of the world. Imbibe divine virtues. Divine virtues means not to defame anyone, because deities never defame anyone. So you too can never defame anyone because time would be wasted. Instead of defaming someone, it is better to remember the Father. Children, you would also benefit through that. It is better not to speak because you are no less. You understand in your heart that you are establishing the sovereignty of the new world and so you should have so much intoxication. There is no fighting, quarrelling or violence there. You should pay a lot of attention to remembrance. You remember the cycle anyway. All you children should be able to remember the cycle easily. The cycle of 84 births is very easy. The Father says: Children, you have to become the four-armed image. You Brahmins become what the deities don't become. You understand that you know the beginning, middle, end and duration of the cycle. You know very clearly what else you have to do. Children, you have to give others the introduction with a lot of love because the unlimited Father is making you into the masters of the world and teaching you Raja Yoga. Destruction is also just ahead of you. After you were taught Raja Yoga, the great Mahabharat war took place. That same Raja Yoga is now being taught to you, and that is also at the confluence age. The war will definitely take place at the confluence age because the new world is being established. The old world is to end. These two to four things now have to be remembered, but Maya makes you forget them. However, the Father says: Whilst making effort, experience happiness remembering Me. The Father says: Let all the sorrow and suffering of the body end. Baba, the sorrow and suffering of how long will end? For half the cycle. It is remembered that this is the land of sorrow and that is the land of happiness. The Father establishes the land of happiness and Ravan establishes the land of sorrow. Only you children know this. Not a single other person in the world knows this. The land of happiness is now being established. You know this amongst yourselves, numberwise, according to the effort you make. However much love the Father has, He has had that from the beginning. I know that I am going to My children who have become ugly by sitting on the pyre of lust, and so I am going to make them beautiful. You know that the Father is knowledge-full. Children, you continue to receive knowledge gradually and Maya makes you forget it. She doesn't allow that happiness to remain. Therefore, children, you should have happiness. Day by day, the mercury of your

happiness should rise. Baba has explained to you: In the golden age, the mercury was high. The mercury of happiness is now rising with the pilgrimage of remembrance. The more you stay in remembrance, the more the mercury of happiness will rise. It will not rise instantly. Children, gradually, experiencing victory and defeat, victory and defeat, you will claim exactly the same status as you did in the previous cycle, numberwise, according to the effort you make. However, it takes time, the same as it does every cycle. Only those who passed in the previous cycle will pass. BapDada, the detached Observer continues to see your stage. He continues to explain to you. Those who live outside are not refreshed as much. As soon as you go out from the centre, everything is finished. They cannot be refreshed as much, and this is why children continue to come here to be refreshed. Baba writes to So-and-so: Give Such-and-such a family My love and remembrance. For instance, He would write a letter to this child: Give everyone in the family My love and remembrance. He would write to the doctor: Give everyone in the family My love and remembrance. So the whole family belongs to the Father. They are limited and the Father is unlimited. Bap and Dada have a lot of love for you children. They do lovely service every cycle. They remember you with a lot of love. If someone doesn't study or his activity isn't good, there is mercy for that one: That poor child will not claim a high status. He is not following shrimat, so the poor thing will claim a low status. What else can Baba do? Mothers also come: They too know that they are coming to Baba who lives here day and night. When they go to the centres, He is not there day and night. They receive some company. You have to go out and come in, go here and there. So, there is a difference between living here and living there. However, not everyone can stay here. If everyone were to stay here, you don't know what arrangements would have to be made. The number of children continues to grow. The Father knows that the number of children will continue to grow and so He continues to make arrangements. The Father has also explained: Sweetest children, this is a very important pilgrimage. Abu is a very important pilgrimage place. The Father Himself says: I come here and make, not just this body, but the whole world, not just human beings, but even the five elements pure. You know that there truly is only the one Father who comes and grants everyone salvation. *Time immemorial*. Children, you also know this and then forget it. *Immemorial* means eternal. The Father continues to explain every point but nevertheless, children forget it. This is why the Father says: Maya is very powerful because she has had her kingdom for half the cycle. She too has that power. The Father explains: *Half and half*. You are defeated then Baba picks you up and then you are defeated again. Baba often receives such letters saying that children have fallen. Yoga and the study. There is yoga in the study anyway. Whatever I teach definitely needs the yoga of the intellect. So-and-so is teaching me. You children know that the Father is now teaching you. Achcha. Children had not been refreshed and this is why they have had some thoughts, wondering what Baba's health is like. Isn't that right? My health is fine. Sometimes, there is a little something. He definitely refreshes you a little. However, you children continue to be refreshed here. Yes, children are very good, like this child Mohan. He is a very good child. This child's nature is such that he never defames anyone. Each one has his own virtue. It is said: consider the one who defames you to be your friend. The Father also says: I am defamed a lot too. I come and make you My friends. So, it is remembered: Those who defame Me... The Father sits here and explains: Look how much they defame Me. All are My children. I have so much love for them. So, it is better not to defame anyone. This is the time of the final period. There has to be caution about everything. Achcha.

To the sweetest, beloved, long-lost and now-found children, the spiritual Father and Dada say good night and give love and remembrance from the depths of their heart. The spiritual Father says namaste to the spiritual children. Look how humble, lovely and egoless the Father is. Achcha. Baba is now taking leave.

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Essence: Sweet children, the spiritual *Surgeon* feeds you *wonderful, first-class* nourishment of knowledge and yoga. Continue to offer this hospitality to everyone by serving this spiritual nourishment to them.

Question: What very firm habit should you make effort to imbibe in order to claim your fortune of the kingdom of the world?

Answer: Through your third eye of knowledge, make the effort to see souls as brothers seated on their immortal throne. Consider all to be brothers and give them knowledge. First consider yourself to be a soul and then explain to your brothers. Instil this habit in yourself and you will receive your fortune of the kingdom of the world. It is through this habit that the consciousness of the body will be removed. Storms of Maya and bad thoughts will not come and others will be struck very well by the arrows of knowledge.

Om shanti. The spiritual Father, who gives you the third eye of knowledge, sits here and explains to you spiritual children. No one except the Father can give you the third eye of knowledge. You children have now received the third eye of knowledge. You now know that this old world is about to change. The poor people don't know the One who will change it or how He will change it, because they don't have the third eye of knowledge. You children have now received the third eye of knowledge through which you now know the beginning, the middle and the end of the world. This is the *saccharine* of knowledge. Even one drop of *saccharine* is so sweet. There is just the one word of knowledge "manmanabhav". Consider yourself to be a soul and remember the Father. The Father is showing you the path to the land of peace and the land of happiness. The Father has come to give you children your inheritance of heaven and so, children, you should have a great deal of happiness. It is said: There is no nourishment like happiness. It is as though it is nourishment for those who constantly remain happy and in pleasure. This is the powerful nourishment for staying in pleasure for 21 births. Continue to serve each other with this nourishment. You offer spiritual hospitality to everyone on the basis of shrimat. To give someone the Father's introduction is also the state of true well being. You sweet children know that you are receiving the nourishment of liberation-in-life from the unlimited Father. In the golden age, Bharat was liberated-in-life, it was pure. The Father gives very great and elevated nourishment. This is why there is the song: If you want to know about supersensuous joy, ask the gopes and gopis. This nourishment of knowledge and yoga is *first-class* and *wonderful* and it is only the one spiritual Surgeon who has this nourishment. No one else knows about this nourishment. The Father says: Sweet children, I have brought a gift on the palm of My hands for you. These gifts of liberation and liberation-in-life remain with Me. It is I who come to give you these every cycle. Then Ravan snatches them away. Therefore, how high your mercury of happiness should rise in you children. You know that it is only the one Father, *Teacher* and the true Satguru who takes you back with Him. You receive the kingdom of the world from the *most beloved* Father. This is not a small thing. You should always remain cheerful. "*Godly student life is the best*". This saying applies to this time. Then, in the new world too, you will continue to celebrate in happiness. People of the world do not know when true happiness is celebrated. Human beings don't have any knowledge of the golden age. So, they continue to celebrate it here. However, where can happiness come from in this old tamopradhan world? People here continue to cry out in distress. This is the world of such sorrow. The Father shows you children a very easy path. Stay at home with your family and remain as pure as a lotus. Remember Me whilst at your business. There is a lover and beloved; they continue to remember one another. That one is his beloved and he is her lover. However, here, it is not like that. Here, you are lovers of the Beloved for birth after birth. The Father does not become your lover. You remember that Beloved in order to call Him here. You call out to Him even more when there is lot of sorrow. This is why there is the saying: Everyone remembers God at the time of suffering and no one remembers him at the time of happiness. At this time, the Father is the Almighty Authority. Day by day, Maya is also becoming an almighty authority, tamopradhan. Therefore, the Father says: Sweet children, now become soul conscious. Consider yourself to be a soul and remember Me, your Father, and together with this, imbibe divine virtues and you will become like Lakshmi and Narayan. The main aspect in this study is remembrance. You have to remember the highest-on-high Father with a lot of love and affection. That Father is the One who establishes the new world. The Father says: I

have come to make you children into the masters of the world. This is why you must remember Me so that your sins of many births can be absolved. People call out to the Father, the Purifier. Now that the Father has come, you definitely have to become pure. The Father is the Remover of Sorrow and the Bestower of Happiness. The golden age was definitely a pure world and so all were happy there. Now, once again, the Father says: Children, remember the land of peace and the land of happiness. This is now the confluence age. The Boatman is taking you from this shore across to the other side. There is not only one boat, the whole world is like a big ship. He takes that across. You sweet children should have so much happiness. For you, there is nothing but happiness. Wah! The unlimited Father is teaching us! You have not heard this before nor have you studied this. God speaks: I teach you Raja Yoga. I am teaching you spiritual children Raja Yoga, and so you should study it fully. You should also study and imbibe fully. Everyone is always numberwise in study anyway. You should look at yourself: Am I the highest, average or the lowest? The Father says, check yourself: Am I worthy to claim a high status? Am I doing spiritual *service*? The Father says: O children, become *serviceable* and *follow* the Father. I have come for the sake of *service*. I do *service* every day. This is why I have taken this one's chariot. When this one's chariot becomes ill, I sit in this one and write the murli. I cannot speak through the mouth, and therefore, I write it down instead so that you children don't *miss* a murli. Therefore, I am also on *service*. This is spiritual *service*. The Father explains to you sweetest children: Children, you too should engage yourself in Baba's *service*. *On God Fatherly Service*. The Father, the Master of the whole world, has come to make you into the masters of the world. Those who make good effort are called mahavirs. It is seen who the mahavirs are who follow Baba's *directions*. The Father's order is: Consider yourself to be a soul and see others as brothers. Forget this body. Baba too does not see bodies. The Father says: I only see souls. However, there is the knowledge that a soul cannot speak without a body. I have come into this body. I have taken it on *loan*. Only when a soul is in a body can he study. Baba sits here (middle of the forehead). This is the immortal throne. The soul is the immortal image. The soul does not become smaller or larger. The body becomes smaller or larger. The middle of the forehead is the throne of each soul. Everyone's body is different. The immortal throne of some is of a man and the immortal throne of some is of a woman. The immortal throne of some is of a child. The Father sits here and teaches spiritual *drill* to you children. Whenever you talk to anyone, first of all consider yourself to be a soul. I, the soul, am talking to this brother. Give the Father's message to remember Shiv Baba. It is through remembrance that the alloy will be removed. When alloy is mixed with gold, the *value* of the gold decreases. When alloy becomes mixed into you souls, you even become *valueless*. You have to become pure again. You souls have now received the third eye of knowledge. See your brothers through that eye. By having the vision of brotherhood, your sense organs will not become mischievous. If you want to claim your fortune of the kingdom and become the masters of the world, make effort. Consider everyone to be your brother and donate knowledge to them. Then this habit will become firm. All of you are the true brothers. The Father has come from up above and you too have come from up above. The Father together with the children are doing *service*. The Father gives you courage to do *service*. You then have courage. Therefore, you should *practise* this: I, the soul, am teaching my brother. It is the soul that studies. This is called *spiritual knowledge*, which you receive from the spiritual Father. The Father comes and gives you this *knowledge* at the confluence age: Consider yourself to be a soul. You came bodiless and adopted a body here and played a *part* of 84 births. You now have to go back again. Therefore, consider yourself to be a soul and have the vision of brotherhood. You have to make this effort. You have to make your own effort. What concern do we have with others? *Charity begins at home*, that is, first consider yourself to be a soul and explain to your brothers and the arrow will strike the target well. You have to fill yourself with this force. Only when you make effort will you claim a high status. The Father has come to give you the fruit, and so you should make effort. You also have to tolerate a few things. Just remain silent when anyone says anything wrong. What can others do if you remain silent? Clapping takes place with 2 hands. If the first one claps with the mouth but the other one remains silent, then the first one will automatically become silent. Only when there is the clapping of two hands is there noise. You children have to bring benefit to each other. The Father explains: Children, if you constantly want to remain happy, become manmanabhav. Consider yourself to be a soul and remember the

Father. Look at the soul, the brother. Give this *knowledge* to your brothers. When you conduct meditation, if you consider yourself to be a soul and continue to see others as brothers then good *service* will be done. Baba has said: Explain to your brothers. All the brothers take their inheritance from the Father. You Brahmin children only receive this spiritual *knowledge* once. You are now Brahmins and will then become deities. You cannot leave this confluence age. Otherwise, how could you go across? You cannot jump over it. This is the *wonderful* confluence age. You children have to instil the habit of staying on the spiritual pilgrimage. This is for your benefit. You have to give the Father's teachings to your brothers. The Father says: I am giving you souls this knowledge. I only see the soul. When a human being talks to another human being, he sees the face. You speak to souls and so you have to see the soul. Although you give knowledge through the body, you have to break the consciousness of the body. You souls understand that God, the Father, is giving you this knowledge. The Father too says: I too look at souls. Souls also say: We are looking at God the Father. We are taking *knowledge* from Him. This is called the give and take of *spiritual* knowledge of one soul with another. Knowledge is within the soul. The knowledge has to be given to the soul. This is like power. When your knowledge is filled with power, when you explain to others, it will instantly strike the target. The Father says: *Practise* this and see if the arrow strikes the target. Instil this new habit and the consciousness of the body will be removed and fewer storms of Maya will come. You will not have any bad thoughts. The *criminal eye* will not remain either. We souls have been around the cycle of 84 births. The play is now about to end. You now have to stay in remembrance of Baba. Become satopradhan from tamopradhan through remembrance and you will become the masters of the satopradhan world. It is so easy. The Father knows that it is His *part* to give teachings to the children. This is not a new thing. I have to come every 5000 years. I am bound by this bondage. I sit here and explain to you children: Sweet children, remain on the pilgrimage of remembrance and your last thought will lead you to your destination. This is the final period. Remember Me alone and you will receive salvation. You children receive these teachings for becoming soul conscious only once. This is such *wonderful* knowledge! Baba is *wonderful* and Baba's knowledge is also *wonderful*. No one else can tell you this at any time. It is now time to return home. This is why the Father says: Sweet children, *practise* this. Consider yourself to be a soul and give knowledge to souls. You have use your third eye to see others as brothers. This is the greatest effort. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for Dharna:

1. Just as the Father has come on spiritual *service* for you children, in the same way follow the Father and do spiritual *service*. Follow the Father's *directions*, and eat the nourishing food of happiness and serve it to others.
2. If anyone says anything wrong, just remain silent. There should not be clapping of the mouth. You have to tolerate things.

Blessing:

May you become karmateet, equal to the Father, and remain free from any selfish motives in both your actions and relationships.

The service of you children is to liberate everyone. So, whilst liberating others, don't tie yourself in any bondage. When you become free from the limited consciousness of "mine", you will be able to experience the avyakt stage. Only the children who are free from selfish motives in lokik and alokik actions and relationships can experience the karmateet stage equal to that of the Father. Therefore, *check* to what extent you are free from the bondage of karma. Have you become free from the influence of your nature and sanskaras of waste? Do your sanskaras and nature of the past make you dependent?

Slogan: In order to become equal and perfect, merge yourself in the Ocean of Love.

*** O M S H A N T I ***

Essence: Sweet children, always maintain the intoxication that God is teaching you. This *student life* of ours is *the best*. We have the omens of Jupiter over us.

Question: Which children receive a lot of love from everyone?

Answer: Those who become instruments to benefit many. Those who benefit would say: You are my mother. So check yourself to see how many you bring benefit to. To how many souls do you give the Father's *message*? The Father is also the Messenger. You children also have to give the Father's message. Tell everyone that they have two fathers. Remember the unlimited Father and the inheritance.

Song: You are the Ocean of Love...

Om shanti. The spiritual Father sits here and explains to you children every day: Children, sit here in soul consciousness. It should not be that your intellect continues to wander outside. You have to remember the one Father alone. He alone is the Ocean of Knowledge and the Ocean of Love. It is said: Even just one drop of knowledge is enough. The Father says: Sweetest children, remember the spiritual Father and you will receive your inheritance. You will then go to the land of immortality, to Paradise. However, you now have to remove the burden of sin that is on your head. Everything is explained to you children systematically and logically. The one who was the highest of all is now doing tapasya down below at the end. Only the one Father teaches you the tapasya of Raja Yoga. Hatha yoga is totally different. That is limited and this is unlimited. That is the path of isolation and this is the family path. The Father says: You were the masters of the world. As were the king and queen, so were the subjects. There were the pure deities of the family path and then they went onto the path of sin. There are images of that too. They make such dirty images that you would be ashamed even to look at them. Their intellect is totally finished. The praise "You are the Ocean of Love" belongs to only the one Father. It cannot be a drop of love. This refers to knowledge. You recognize the Father and come here to claim your inheritance. The Father only gives you knowledge for salvation. You listen to just a little and you receive salvation. From here, you children have to go to the new world. You know that you become the masters of Paradise. At this time, there is the kingdom of Ravan over the whole world. The Father has come to give you the kingdom of the world. All of you were the masters of the world. There are the pictures of that even now. However, it isn't a matter of hundreds of thousands of years. That is wrong. Only the Father is said to be always *righteous*. The whole world becomes *righteous* through the Father. It is now *unrighteous*. You children are now claiming your inheritance from the Father. However, it is also fixed in the drama that those who listened to knowledge and become amazed by listening to it, then related it to others and then also ran away. Oh Maya! You are so powerful that you turn them away from the Father. Why would she not be powerful, since she has ruled the kingdom for half the cycle? You now know what Ravan is. Here too, some children are sensible and some are senseless. You know that you now have the omens of Jupiter over you. This is why you are making effort to go to heaven. People who are dying do not make effort to go to heaven. They simply say for the sake of saying it that So-and-so has gone to heaven. You know that you are truly making effort to go to heaven, that is, you are making effort to become the masters of heaven. No one else would say that they are going to heaven. They would say: What are you saying? Keep quiet. People relate limited things whereas the Father tells you about unlimited things. You children should make a lot of effort. You should have a lot of intoxication. Whoever made effort in the previous cycle and whoever claimed a status will do so again. You have been made to conquer Maya many times. Then you were also defeated by her. This drama is predestined, therefore you children should be very happy that you are going to the land of immortality from the land of death. *Student life is the best*. At this time your life is the *best life*. No human beings know this. God Himself comes and teaches you. This is *the best student life*. It is the soul that studies, and then it is said: This one's name is So-and-so. It is the soul that is the *teacher*. It is the soul that listens and imbibes. It is souls that listen but, because there is body consciousness, they don't understand. In the golden age, you would also understand that you, the soul, have received that body, and that you have now reached old age. You would quickly have a vision that you now have to shed that old costume and take a new one. The example of the buzzing moth (Bhramri) is also about the present time. You now know that

you are Brahmin teachers (Brahmni). According to the drama, you buzz the knowledge to whoever comes to you. Then amongst them too, some are weak and they decay. Sannyasis cannot give this example. They would not make others the same as themselves. You have an *aim* and *objective*. This is the story of the true Narayan, the story of immortality. All of those stories are yours. Only the one Father tells you the truth. All the rest are false. In the world, people relate the story of the true Narayan and then distribute prasad (holy food). There is such a vast difference between those limited things and these unlimited things. The Father is giving you *directions*. You *note* them down. However, all the books and scriptures etc. will be destroyed. None of the old things will remain. People think that 40,000 years of the iron age still remain and this is why they continue to build huge buildings and spend money. Will the ocean leave anything alone? It will swallow everything up with one wave. Bombay didn't exist previously, and it will not remain. Look at all the things that have emerged in the last 100 years. Earlier, the Viceroy used to travel in a four-horse carriage. Look at what has happened in the last few years. Heaven is very small. Your palaces will be by the river banks. There are now the omens of Jupiter over you children. You children should have the happiness that you are becoming so wealthy. When someone goes bankrupt, there are said to be bad omens over him. You are now happy with the omens over you. God, the Father, is teaching you. Would God be teaching anyone? You children know that this *student life* of yours is *the best*. We are becoming Narayan from ordinary men, we are becoming the masters of the world. We came here and then became trapped in the kingdom of Ravan. We will now go to the land of happiness. You are Brahmins of the confluence age. Establishment takes place through Brahma. There wouldn't be just one. There would be many. You have become God's helpers. God is doing the service of establishing heaven and you help Him in that. Those who help Him more will receive a higher status. No one can starve to death. Here, when the Government investigated the beggars, they found that they had thousands of rupees. No one can starve to death. Here too, you belong to the Father. Although a father may be poor, he too would not eat anything until his children had something to eat because children are the heirs. He has *love* for them. There, there is no question of anyone being poor. They have plenty of food. There is unlimited wealth there. Look at their way of dressing; it is so beautiful. This is why Baba says: When you have time, go and sit in front of the picture of Lakshmi and Narayan. You can also sit in front of it at night. Go to sleep whilst looking at the picture of Lakshmi and Narayan. Oho! Baba is making us like them! Practise this and see how much you enjoy yourself. Then, wake up in the morning and share your experience. Everyone should have the pictures of Lakshmi and Narayan and the ladder. You *students* know who is teaching you. There is His picture too. Everything depends on the study. You will become the masters of heaven, but your status depends on your study. Baba says: Make this effort: I am a soul, not a body. I am claiming my inheritance from Baba. There is no difficulty in this. It is very easy for the mothers. Men go to their business etc. You can do a lot of service using the picture of this *aim* and *objective*. You will benefit many and they will love you a lot. They would say: You are our mother. You mothers have become instruments to benefit the world. Check yourself to see how many you bring benefit to. To how many did you give the Father's message? The Father is the Messenger. No one else would be called the Messenger. The Father is giving you a *message* which you then have to give to others: Remember the unlimited Father and the inheritance. Also remember the cycle of 84 births. You are the children of the Father, the Messenger, who give everyone the message. Tell everyone that they have two fathers. The unlimited Father gave you the inheritance of happiness and peace. We were in the land of happiness and all the rest were in the land of peace. We then go into liberation-in-life. We now have to return home and we will then become the masters of the world there. There is a song: Baba, we receive the sovereignty of the world from You. The earth, sea and sky all are in our hands. At this time, we are claiming our unlimited inheritance from the Father. You are incognito *warriors*, the Shiv Shakti Army. This is the sword of knowledge and the arrows of knowledge. Those people have shown goddesses with physical weapons. There are so many temples on the path of devotion. There are so many pictures etc. This is why the Father says: You used up all that wealth on the path of devotion. You built so many temples. There are so many pictures etc. All of them are going to be destroyed. All will be drowned. You have been given visions of how you will bring

diamonds and jewels from the mines because they will all be buried at this time. Great kings have treasure-stores underground. All of them will be buried. Then, your craftsmen will bring them up again. Where else would they bring all of this gold from? You can see a model *scene* of heaven in Ajmer. Baba has told you to make a *museum* similar to that. You should create a *first-class model* of heaven. You children know that you are now establishing your own kingdom. Previously, you didn't know anything. You are now continuing to know everything. It isn't that I know what is inside each one. Even some vicious ones used to come here. They were asked: Why have you come here? They would reply: Only when I come here can I become free from the vices. I am a very sinful soul. The Father would say: OK, may you benefit. Maya is very powerful. The Father says: Children, you have to conquer those vices for only then will you become conquerors of the world. Maya is no less. You are now making effort and becoming like Lakshmi and Narayan. No one else can have the *beauty* they have. That is *natural beauty*. Heaven is established every 5000 years and then you go around the cycle of 84 births. You can write: This is a *university-cum-hospital*. One is for *health* and the other is for *wealth*. Come and gain *health, wealth and happiness* for 21 births. Businessmen also put up their own boards. They even put up boards outside their homes. Only those who have this intoxication would write these things. Explain to anyone who comes: You claimed your inheritance from the unlimited Father and you then took 84 births and became impure. Now become pure. Consider yourself to be a soul. Remember the Father. Baba also does the same. He is the number one effort-maker. Some children write: Baba, storms come. This happens. I write back: All storms come to me first. Only when I first become experienced can I then explain to you about them. That is Maya's business. The Father now says: Sweet, beloved children, you now have the omens of Jupiter over you. You don't need anyone to show you your horoscope. Baba tells you everything. There, you also have a long life-span. Krishna is also called Yogeshwar. Yogeshwar taught him yoga and so he became that. No human being or sannyasi etc. can be called Yogeshwar. Ishwar (God) is teaching you yoga. This is why the names "Yogeshwar" and "Yogeshwari" are given. It is at this time that you are also "Gyaneshwar" and "Gyaneshwari". Then you will go and become Raj-Rajeshwari (princes and princesses). Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Make effort whilst keeping your *aim* and *objective* in front of you. Looking at the picture of Lakshmi and Narayan in front of you, talk to yourself: Oho Baba! You are making me become like them. You now have the omens of Jupiter over you.
2. In order to make others the same as you, continue to buzz knowledge like a buzzing moth. Become God's helper and help the Father to establish heaven.

Blessing: May you have positive thoughts for others and think of knowledge and of the self and thereby remain free from thinking about any illness of the body.

It is one thing to have an illness of the body and another to be shaken by that illness. It is destined for the illness to come, but for your elevated stage to fluctuate is a sign of being in bondage. Those who remain free from thinking about any illness of the body and who have thoughts of the self and of knowledge are those who have pure and positive thoughts for others. Thoughts of matter (the body) take on the form of worry. To become free from that bondage is called the karmateet stage.

Slogan: The power of love makes a mountain of problems as light as water.

* * * O M S H A N T I * * *

Essence: Sweet children, become a spiritual *teacher*, the same as the Father. Also teach others what you have learnt from the Father. If you have imbibed knowledge, you can explain it to anyone.

Question: In which aspect does Baba have unshakeable faith and in which you children also have to become unshakeable?

Answer: Baba has unshakeable faith in the drama. Baba says: Whatever has *passed* is the drama. You will do whatever you did in the previous cycle. The drama will not allow you to change anything. However, as yet, children's stage has not become like that. This is why they say: If it were like this, I would do this. If I had known about it, I would not have done that. Baba says: Do not remember the past. Make effort in future to not make the same mistake again.

Om shanti. The spiritual Father sits here and explains to you children. The Father Himself says: No one knows when I come because I am incognito. No one can tell when a soul enters a womb. There cannot be a time or date for that. The time and date are given for the moment it comes out of the womb. Similarly, you cannot tell the time or date when Baba entered. You can't tell when He entered the chariot. When Baba used to look at some, they would become intoxicated and be lost in that stage. They would think that there was someone who had entered or that there was some power that had come. Where did the power come from? I didn't do any special chanting or tapasya. That is called incognito. There is no time or date. You cannot say when the subtle region was established. The main thing is manmanabhav. The Father says: O souls, you called out to Me, your Father, to come and make you impure beings pure and to make the world pure. The Father explains: According to the drama-plan, there definitely has to be a change when I come. Whatever happened from the golden age onwards will *repeat*. The golden and silver ages will definitely *repeat* at every *second* that *passes*. Time also continues to *pass* by. They say that the golden age *passed*. However, they didn't see it. The Father has explained that you *passed* through that age. You are the ones who became separated from Me first. So, you should think about how you have taken 84 births and how you will have to take them again, identically. That is, how you will have to play your parts of happiness and sorrow. In the golden age there is happiness. When a building grows old, sometimes the roof falls in, sometimes something happens somewhere else in the building. So, then there is the concern to repair it. When it has become very old, it is understood that that building is no longer fit to live in. You would not say this about the new world. You are now becoming worthy to go to the new world. Everything is at first new and then becomes old. You children now think about this. No one else can even understand these things. They continue to relate the Gita and Ramayana etc. and remain *busy* in that. You and I were also *busy* in that business. The Father has now made you so sensible. Baba says: Children, this old world is now to end. You now have to go to the new world. It isn't that everyone will go there. It is also not the law that everyone can sit in the land of liberation because annihilation would take place. You know that this is the most auspicious beneficial confluence age of the old world and the new world. *Change* now has to take place and then you will go to the land of peace. There is even no question of having any feeling of happiness. It is remembered that there were obstacles in the sacrificial fire, and so there will continue to be obstacles. There will also be obstacles after a cycle. You have now become strong. This task of establishment and destruction is not a small thing. In what do you have obstacles? The Father says: Lust is the greatest enemy. It is because of this that there are assaults. There is the example of Draupadi. All the conflict is because of celibacy. You definitely had to become tamopradhan from satopradhan. You had to come down the ladder and the world definitely had to become old. Only you understand and remember all of these things. You have to study and also teach others. You have to become a *teacher*. It is definitely because you have *knowledge* in your intellect that you study and then become a *teacher*. Then the *Government passes* those who study with the *Teacher* and become clever. What could one *Teacher* do? All of you are spiritual *teachers*. So you should have this *knowledge* in your intellect. Knowledge of becoming a deity from a human being is very *accurate*. The more you remember the Father now, the more *light* you will continue to receive. You people will continue to have visions. Only through remembrance will you souls become *pure* and then it will be possible for others to have a vision. The Father, the Helper, is also here. The Father always helps the children. It is numberwise in a study. Each one of you can understand

how much knowledge your intellect has imbibed. If you have imbibed knowledge, then demonstrate it by explaining to someone. This is wealth, and if you don't give others this wealth, no one would believe that you had any wealth. If you donate wealth, you will be called a great donor. Maharathi and mahavir are the same. Not all can be the same. So many people come to you. Would you sit and beat your head with each one? Those people hear many things through the papers and so they get heated. Then, when they come to you and hear knowledge from you, they realize what they have done by following the dictates of others and that this knowledge is very good. It takes time to put each one right. Here, too, it takes so much effort. Nevertheless, there are some who are maharathis (elephant riders), some who are horse-riders (cavalry) and others who are the infantry (foot soldiers). This is their *part* in the drama. You understand that, eventually, you will win. You will become whatever you became in the previous cycle. You children have to make effort. The Father advises you: Try to explain. First of all, go to Shiv Baba's temple and do *service* there. You can ask: Who is this? Why do you pour water on this image? You know this very well. There is a saying that a cook went to borrow some burning charcoal and stayed there and became the master. This example refers to you. You go there to awaken them. They send you invitations, and so when you receive such an invitation, you should be happy. People in Kashi etc. are given big *titles*. There are so many temples on the path of devotion. That is also a type of business. When they find a good woman, they make her learn the Gita by heart and put her forward and then they take the income she receives. Otherwise, they have nothing. Many people learn occult powers. You should go to such places. You children should never try to interpret the meanings of the scriptures. You have to go and give the Father's introduction. The Bestower of Liberation and Liberation-in-Life is only One. You have to praise Him. He says: Consider yourself to be a soul and remember Me alone. However, manmanabhav doesn't mean that you have to go and bathe in the Ganges. Mamekam means remember Me alone. I promise you that I will liberate you from all your sins. Sin began at the time Ravan came. So you have to make effort to claim a high status. People beat their heads so much day and night to earn a *position*. This too is a study. There is no question of having any books here. You have the cycle of 84 births in your intellect. This is not a difficult thing. You are not told the *details* of every birth. Your 84 births have ended and you souls now have to return home. Souls that have become impure definitely have to be made pure again. Continue to tell everyone to remember the one Father constantly. Children say: Baba, I am unable to stay in yoga. Ah! but I am personally telling you to remember Me, and so why do you speak of yoga? It is because you speak of yoga that you forget Me. Who would not be able to remember their father? How do you remember your physical parents? That One is also your Mother and Father. This one is also studying. Saraswati too is studying. Only the one Father is teaching everyone. To the extent that you study, you can then explain to others. The Father says: Children, you cannot attain Me by reading the scriptures or by chanting and doing tapasya. What benefit is there in that? You still continue to come down the ladder. You don't have any enemies. Nevertheless, you still definitely have to explain how sin and charity are accumulated. It was after the kingdom of Ravan began that you started to commit sin. There are even such children who are unable to explain what the new world is and what the old world is. The Father now says: Remember the unlimited Father. He alone is the Purifier. You don't need to go anywhere. On the path of devotion, you would always go outside your home to worship elsewhere. The husband would tell his wife: You have a picture of Krishna at home too, so why are you going out there? What is the difference there? The husband was said to be her god and yet she wouldn't even listen to him! On the path of devotion, they build temples very far away and high up so that people have that faith in them. You explain how people stumble so much going to the temples. That is just a system they have created. They go to Shiva-Kashi on a pilgrimage, but there is no attainment in that. You now receive shrimat from the Father. You don't have to go anywhere. In fact, God, the Husband of all husbands, is only the One. The One whom your husband, maternal and paternal uncles remember is the God, the Husband of All, and God, the Father of All. He says to you: Constantly remember Me alone and your sins will be absolved. Your light is now being ignited, and so people are able to see *light* in you. So, you children's names should also be glorified. The Father glorifies the name of the children. Daughter Sudesh is very clever in explaining. She has made a lot of effort and has thereby gone

ahead of the older ones. She can make more effort in this too and go ahead of others. Everything depends on effort. One shouldn't have *heart-failure*. Even if you come at the end, you can still attain liberation-in-life in a *second*. Day by day, many such ones will continue to emerge. You have the part of victory fixed in the drama for you. There will also be obstacles. There aren't obstacles like this in any other spiritual gatherings. Here, there is upheaval because of the vices. It is remembered: Why should we renounce nectar and drink poison? The one deity religion is being established through knowledge. The kingdom of Ravan cannot exist in the golden age. The explanation is so clear. They have shown the kingdom of Ravan next to the kingdom of Rama. You also show the *time* period. This is the confluence age. The world is now changing. It is the one Father who inspires establishment, sustenance and destruction. It is very easy. However, when they don't have complete dharna, they remember everything else, but they forget knowledge and yoga. You are the children of God the Highest on High. Day by day you are becoming *solvent*. You receive wealth. The expenses are also paid for. Baba says: The pot will continue to become full. You will incur expenses as you did in the previous cycle. The drama will not allow you to spend any more or less. Baba has unshakeable faith in the drama. Whatever has *passed* is the drama. You shouldn't say, "If it had been like this, I wouldn't have done that." That stage has not yet been developed. One thing or another continues to emerge through your lips. You then *feel* it. Baba says: Do not think about the past. Make effort in future not to make such mistakes again. This is why Baba says: Write your *chart*. There is a lot of benefit in that. Baba saw a person who was writing his whole life story because he thought his children would learn from it. Here, there is benefit in following shrimat. There cannot be falsehood here. There is the example of Narad. There is a lot of benefit through the *chart*. Baba gives you orders you and so you children should follow those orders. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Imbibe knowledge and explain it to others. Donate the wealth of knowledge and become a great donor. Do not debate the scriptures with anyone, but give the Father's true introduction.
2. You mustn't think about things of the past. Make such effort that you do not make any mistakes again. Keep an honest *chart*.

Blessing: May you become a conqueror of attachment and an embodiment of remembrance who studies and teaches others the lessons of the Gita.

The first lesson of the knowledge of the Gita is to become a bodiless soul and the final lesson is to become a conqueror of attachment and an embodiment of remembrance. The first lesson is the method and the last lesson is the success achieved through using that method. So, first of all learn these lessons yourself at every moment and then teach them to others. Perform such elevated actions that many souls who see your elevated actions will also be able to perform elevated actions and make their line of fortune elevated.

Slogan: Remain merged in God's love and you will become free from labouring.

*** O M S H A N T I ***

Essence: Sweet children, the main thing is the pilgrimage of remembrance. Only through remembrance will your life-span increase and your sins be absolved. The stage, behaviour and way of speaking of someone who stays in remembrance would be *first-class*.

Question: Why should you children have even greater happiness than the deities?

Answer: Because you have now received a very big *lottery*. God is teaching you. In the golden age, deities will teach deities. Here, human beings teach human beings, whereas God Himself is teaching you souls. You are now becoming spinners of the discus of self-realisation. You have all the *knowledge* in you. Deities don't have this *knowledge*.

Song: Awaken, oh brides, awaken! The new age is about to dawn.

Om shanti. The deities exist in the new age. They too are human beings, but their virtues are divine (like those of the deities). They are Vaishnavs, *doubly* non-violent. Human beings now are *doubly* violent. They fight and battle a lot and also use the sword of lust. This is called the land of death in which vicious people live. That is the called the world of deities where deities reside. They were *doubly* non-violent. There used to be their kingdom. If the duration of the cycle were hundreds of thousands of years, you would not be able to think of anything. Nowadays, they continue to reduce the duration of the cycle. Some say that it is 7,000 years and some say that is 10,000 years. You children also know that the Father is God, the Highest on High and that we, His children, reside in the land of peace. We are the guides who show the path. There is no mention of this pilgrimage in the Gita, although the word "manmanabhav" is mentioned. But what is the meaning of that? Consider yourself to be a soul and remember the Father. This doesn't enter anyone's intellect. It would only enter their intellect when the Father comes and explains. At this time you are becoming deities from human beings. There are human beings here and deities are in the golden age. You are now truly changing from human beings into deities. This is your Godly *mission*. Human beings do not understand about the incorporeal Supreme Soul. How could the Incorporeal have hands and feet? Krishna has hands and feet; he has everything. On the path of devotion, they have written so many scriptures. You children now have many pictures etc. When you look at a picture, you remember what you have to explain with that picture. Many more pictures will also be made. At the very top of the picture, you also have to show the souls. There will only be souls, and nothing else visible. Then the subtle region and, below that, also show the world of human beings. You will then also show how, at the end, they ascend. Day by day new *inventions* will continue to be made. You now have to do so much *service* according to the pictures you have. Then such pictures will be made through which people will understand quickly. The tree will continue to grow very quickly. Whatever status each one claimed in the previous cycle, whatever *result* was announced then, will emerge now. It isn't that those who come here towards the end cannot become a bead of the rosary. They too will become that. Those who do intense bhakti remain engaged in their devotion day and night, and only then do they have visions. Such ones will also emerge here. They will make effort day and night and become pure from impure. Everyone has a *chance*. It isn't that those at the end would be deprived. The drama is created in such a way that no one can be deprived. The message has to be given in all directions. It is mentioned in the scriptures that one person was left out and he then complained. These pictures will also be printed in the newspapers etc. You will also continue to receive invitations. Everyone will come to know that the Father has come. When they have full faith, they will run. Your name will continue to be glorified. The golden age is called the new age. There is a newspaper called the "New Age". They speak of New Delhi, but there cannot be this old fort or all the rubbish in New Delhi. Now everything has become crooked. In the golden age even all the elements remain in order. Here even the five elements are tamopradhan. There everything is satopradhan and so happiness is received from each of the elements. There is no mention of sorrow. That is called heaven. You now understand all of these things and that, truly, we have all now become tamopradhan. We will make effort to become satopradhan and are now climbing to our destination. All the rest are in darkness. We are in the light. We are going up above and all the rest are falling down. You children have to churn all of this knowledge. Shiv Baba is the One who is teaching you. He would not churn this. It is Brahma who has to churn this. You churn everything and then explain it to others. Some don't churn at all. They just remember the old world. Baba says: Forget the old

world completely. However, Baba knows that the kingdom is being established numberwise according to the effort you make. The Father says: I come and establish the kingdom and then take everyone back home. Those people simply come to establish their own religion. Those of their religion follow them down. How can you praise them? All the praise is yours. It is only those of the deity religion who are called the *hero-heroine*. It is your life that is remembered as 'a life like a diamond and a life like a shell'. From being at the very top, you fall and reach the very bottom. So, at this time, you children should have even greater happiness than the deities because you have received a *lottery*. God is now teaching you. There, deities would teach deities. Here, human beings teach human beings whereas the Supreme Father, the Supreme Soul, is teaching you souls. There is a difference, is there not? You Brahmins have understood about the kingdom of Rama and the kingdom of Ravan. The more you follow shrimat, the higher the status you will claim. Whatever people do on the path of ignorance is all wrong. At a young age, the intellect is baby-like (immature) and then it becomes mature. Engagement takes place after the age of 16 to 17 years. Nowadays, the world is very dirty. They even marry off little children who are still in the lap. Then their exchange of give and take also begins. There, marriages are so *royal*. You have had visions of everything. As you continue to make further progress, you will have visions of everything. The life-span of very good *first-class* yogi children will continue to increase. The Father says: Increase your life-span with yoga. You children understand that you are lacking in yoga. You beat your heads to stay in remembrance, but you are unable to have remembrance. You repeatedly forget. In fact, the *chart* of those who stay here should be very good. Those outside are involved in mundane business. You have to become satopradhan here by remembering the Father. At least remember Me for 8 hours whilst preparing food and doing all your work for only then will you reach the karmateet stage at the end. Some say that they stay in yoga for 6 to 8 hours, but Baba would not believe that. Many are so embarrassed that they don't write their *chart*. They are unable to stay in remembrance for even half an hour. To listen to the murli is not remembrance. That is earning an income. When in remembrance, you stop listening. Some children write that they listened to the murli in remembrance. However, that is not remembrance. Baba himself says: I repeatedly forget Baba. I sit to have my meals in remembrance: Baba, You are Abhogta. How can I say, "Baba, You are eating and I am also eating."? At certain times, you would say that Baba is with you. The main thing is the pilgrimage of remembrance. The *subject* of the murli is totally separate. You become pure through remembrance and your life-span also increases. However, it isn't that when you were listening to the murli, Baba was with you in that. Your sins aren't absolved when listening to the murli. That requires effort. Baba knows that some children are unable to have any remembrance at all. The stage, behaviour and way of speaking of the children who stay in remembrance would be completely different. Only through remembrance will you become satopradhan. However, Maya is such that she makes you a complete buddhu. This illness strikes many. The attachment that wasn't there suddenly emerges and they become trapped. This is something that requires a lot of effort. Listening to the murli is a different *subject*. That is a matter of earning an income. Your life-span does not increase through that. You won't become pure and your sins won't be absolved. Many listen to the murli and then also continue to fall into vice. They don't speak the truth. The Father says: If you are unable to remain pure, why do you come here? They say: Baba, I am Ajamil (greatest sinner). Only when I come here will I become pure. By coming here, there can be some transformation. Otherwise, where else would I go? This is the only path. Such ones come here. The arrow will strike the target at some point. Baba also says of this place: No impure beings can come here. This is the Court of Indra. At the moment, they are allowed to come. One day the *ordinance* will be issued: Only when they give a firm *guarantee* will they be *allowed* to come. Then they will understand that this is an organization where impure ones are not allowed to enter. You children understand whose gathering this is. We are sitting with God, Ishwar, Somnath, Babulnath. He is the One who makes us pure. Now, at the end, many will come and so no one can create any upheaval etc. Those who belong to this religion will emerge. Those of the Arya Samaj are also Hindus. They have simply separated the sects and cults. Deities exist in the golden age. Here, all are Hindus. In fact, there is no Hindu religion. Hindustan is the name of a country. You children have to become spinners of the discus of self-realisation whilst walking and moving around.

Students should remember their studies. You have the whole cycle in your intellect. There is a little difference between the deities and you. When you become strong spinners of the discus of self-realisation, you will then become part of the clan of Vishnu. You understand that you are becoming that. The stage of the deities is the *final* stage. You will reach the *final* stage when you reach the karmateet stage. Shiv Baba is making you into spinners of the discus of self-realisation. He has knowledge in Him. He is the One who is making you that and you are the ones who are becoming that. You become Brahmins and then become deities. How can these ornaments be given to you at this time? You are now effort-makers. You then become part of the clan of Vishnu. The golden age is the Vaishnav clan. So you have to become like them. You have to become very sweet. Instead of speaking bad words, it is better not to speak at all. There is an example of a couple who were quarrelling and a sannyasi told one of them to put a bead in their mouth and never take it out. Then a *response* couldn't be received. To conquer the five vices is not like going to your aunty's home! Some share their experience of how they had a lot of anger in them and how they now have very little anger. You have to become very sweet. Yesterday, you used to sing praise of those deities. Today, you understand that you are becoming those deities. You only become that numberwise. Baba would definitely mention the names of those who do *service*. You should show the path to others. Previously, we too didn't know anything. Now, we have received so much *knowledge*. Those who don't imbibe virtues very well are *reported*: Baba, this one has a lot of anger. Baba knows that. If you are unable to do spiritual *service*, there is also physical *service* to do. If you stay in remembrance of Baba and do *service*, that is also great fortune. Continue to remind one another. You will receive a lot of power through remembrance. Those who stay in remembrance also have to keep their *chart*. You can tell everything from the *chart*. Baba continues to caution everyone. Many people ask for peace in the world. There definitely was peace in the world at some point. In the golden age, there is nothing that would cause peacelessness. Here, there is the *sweet Father* and the *sweet children* who are making the whole world *sweet*. It is not *sweet* now. There is nothing but death everywhere. This play takes place many times and will continue to take place. There is no *end* to it. The cycle continues to turn. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to have your sins absolved and to increase your life-span, you definitely have to stay on the pilgrimage of remembrance. Only through remembrance will you become pure. Therefore, definitely create a *chart* of at least 8 hours remembrance.
2. Become as sweet as the deities. Instead of speaking bad words or wrong words, it is better not to speak at all. Whilst doing spiritual or physical service, it is great fortune to stay in remembrance of the Father.

Blessing: May you be loving and detached by keeping the *symbol* of the lotus flower in your intellect and consider yourself to be a *sample*.

The *symbol* of those who live in a household is a lotus flower. So, become a lotus flower and put everything into practice. If you don't put it into practice, you cannot become a lotus. Therefore, keep the *symbol* of the lotus in your intellect and move along whilst considering yourself to be a *sample*. Whilst doing service, remain detached and loving. Don't just be loving, but be detached and loving because love also changes into a form of attachment. Therefore, whilst doing any type of service, remain detached and loving.

Slogan: Remain under the canopy of God's love and Maya cannot come to you.

*** O M S H A N T I ***

Essence: Sweet children, you now have to forget this body and become free from attraction. You have to become karmateet and return home. Therefore, perform pure actions. Do not perform any sinful actions.

Question: In order to check your stage, praise of which three should you always remember?

Answer: 1. Praise of the Incorporeal. 2. Praise of the deities. 3. Praise of the self. Now check whether you have become worthy of worship, the same as the Incorporeal Father. Have you imbibed all His virtues? Is your behaviour as *royal* as that of the deities? Are your food, drink and virtues like those of the deities? Do you know all the virtues of the soul and have you become an embodiment of them?

Om shanti. It has been explained to you children that the place of residence of you souls is the *tower of silence*. Just as there is the peak of the Himalaya mountains, which is very high, so you also reside in the highest place of all. Those people *practise* climbing mountains and they have *aces*. Some are clever in climbing mountains. Not everyone can climb them. You children don't need to *race* in that. The soul that has become impure has to become pure and go up above. That is called the *tower of silence*. Those people have the *tower of science*. They have very big *bombs*, and they have a *tower* of them too. They keep all their dangerous things there. They put poison etc. in *bombs*. The Father says: Children, you have to fly home. Those people release such *bombs* whilst sitting at home that they destroy everything. From here you have to go up above to the *tower of silence*. You came from there and you will then return there when you have become satopradhan. You have become tamopradhan from satopradhan and you now have to become satopradhan once again. Those who are making effort to become satopradhan also show the path to others. You children now have to perform pure actions. You mustn't perform any sinful actions. The Father has explained to you the philosophy of karma. You became degraded in the kingdom of Ravan. The Father is now teaching you to perform pure actions. The five vices are great enemies. Attachment too is a vice. None of the vices are any less. Even by having attachment, you become trapped in body consciousness. This is why the Father explains to the kumaris a great deal. A kumari is called pure. Mothers also have to become pure. All of you are Brahma Kumars and Kumaris. Even though you are old, you are children of Brahma. The Father explains: Sweetest children, now go beyond the stage of being kumars and kumaris. Just as you first came into a body so you will then have to leave it. You have to make effort for this. If you want to claim a high status, you should not remember anyone else. What else do you have? You came here empty-handed. You didn't have anything. Even that body is not yours. You now have to forget that body. You have to become free from attraction and become karmateet. Become a *trustee*. The Father says: You may tour around, but don't waste any money. People donate a lot. It is printed in the newspapers that So-and-so is a great donor. He has had a hospital and a dharamshala etc. built. Those who donate a lot receive a *title* from the *Government*. The first *titles* are "*His Holiness, Her Holiness*". Those who are pure are called *holy*. Just as the deities were pure, so you too have to become like them. Then, you will remain pure for half the cycle. Many people ask: How is this possible? Children are born there too. Therefore, instantly tell them that Ravan doesn't exist there. The world becomes vicious through Ravan. Rama, the Father, comes and purifies it. There are no impure beings there. Some say that you should not speak about purity. How can the body continue? They don't even know that there was a pure world. Now the world is impure. This is a play. The brothel and the Temple of Shiva, the impure world and the pure world. First there is happiness and then there is sorrow. This is the story of how you claimed your kingdom and how you then lost it. You have to understand this very well. We were defeated and we now have to become victorious. You should be courageous. You have to make your own stage strong. Whilst having a home and family and taking care of it, you definitely have to become pure. You mustn't perform any sinful actions. Many people have a lot of attachment. You should check: You have promised that you will not love anyone except the One, so why do you have love for others? You should remember the One who is the most loved of all. Then you will forget all your bodily relationships. Whilst seeing everyone, consider yourself to be going to heaven. All of these are iron-aged bondages. We are now going to the divine relationships. No other human being has this knowledge in his intellect. If you stay in remembrance of the Father very well, your mercury of happiness will remain high. As much as possible, continue to reduce your bondages.

Lighten yourself. There is no need to increase your bondages. There are no expenses incurred in attaining this kingdom. You are claiming the sovereignty of the world without any expenses. They spend so much on their armaments and armies etc. You don't have any expenses at all. Whatever you give to the Father, you are not really giving, but are, in fact, taking from Him. The Father is incognito. He continues to give you *shrimat* to open *museums, hospitals* and *universities* from where one can receive *knowledge*. You become constantly free from disease through yoga. Those who have *health and wealth* have *happiness* for 21 births. Come and understand how you can receive liberation and liberation-in-life in a *second*. You can explain on their door step. Just as people come to your door to ask for alms, so too, it is as though you give them the alms through which they become very prosperous. Tell anyone who comes: What are you begging for? We give you such alms that you become liberated from asking for alms for birth after birth. By knowing the unlimited Father and the world cycle you become this. This *badge* of yours can also work wonders. Through this you can give anyone an unlimited inheritance in a *second*. You should do *service*. The Father makes you the masters of the world in a *second*. Then, it depends on your efforts. Young and old are all told to remember the Father. You can do *service* on *trains* too using your *badges*. When you are wearing your *badge*, you can explain to everyone that they have two fathers. An inheritance is received from both of them. No inheritance is received from Brahma. He is the agent. The Father is teaching you through this one and giving you an inheritance. You should see the person who comes in front you and then explain. Many people go on pilgrimages. All of those are physical pilgrimages whereas this is a spiritual pilgrimage. You become the masters of the world through this. People keep on stumbling on the physical pilgrimages. You should also have the picture of the ladder with you. Continue to do *service* and you won't even need food etc. It is said: There is no nourishment like happiness. When you don't have money, you feel hungry all the time. It is as though the stomachs of wealthy kings are always full. Their activity is very *royal*. Their way of speaking is also *first-class*. You understand what you are becoming. There, people eat and drink with great *royalty*. They would never eat between meals. They eat very peacefully, with great *royalty*. You should learn all virtues. Check the praise of the Incorporeal, the deities and yourself. You are now becoming those with Baba's virtues and then you will become those who have the virtues of the deities. So you now have to imbibe those virtues. You are now imbibing divine virtues. They remember Him as the Ocean of Peace and the Ocean of Love. Just as the Father is worshipped, so you too are worshipped. The Father says namaste to you. You are worshipped in two ways. Only the Father explains all of these things. He also explains your praise. Make effort and become like them. Ask your heart whether you have become like them. Just as we came here bodiless, so we have to go back bodiless. It is also mentioned in the scriptures that you even have to renounce your stick. However, there is no question of a stick here. Here, it is a question of renouncing your body. All the rest are things of the path of devotion. Here, you simply have to remember the one Father. You belong to no one except the one Father. You children have received knowledge. You know how people are so trapped in the chains of the gurus. There are many types of guru. You no longer want any gurus, nor do you have to study anything else. The Father has given you the one mantra: Constantly remember Me alone. Remember your inheritance and imbibe divine virtues. Whilst living at home with your family, you have to become pure. You come here to be *refreshed*. Here, you understand that you are sitting personally in front of the Father. There (at your centres), you understand that Baba is sitting in Madhuban. Just as you, the soul, are sitting on a throne, similarly, Baba is also sitting on this throne. Baba doesn't take the Gita scripture in His hands. It isn't that He has learnt it by heart either. Those sannyasis etc. learn it by heart. This One is the Ocean of Knowledge. He explains to you all the secrets through Brahma. Has Shiv Baba ever gone to *school* or spiritual gatherings? The Father knows everything. When anyone asks if you know any *science*, Baba says: What am I going to do with *science*? People call out to Me to come and make the impure ones pure, so why would I learn *science* for that? They ask: Has Shiv Baba studied such-and-such a scripture? Oh, but it is said of Him that He is the Ocean of Knowledge. Those scriptures belong to the path of devotion. They have put the conch-shell and discus in the hands of Vishnu. They don't know the meaning of them at all. In fact, those ornaments should be given to Brahma and the Brahmins. There are no bodies in the subtle region. Many people have visions of Brahma whilst sitting at home. They also have visions of Krishna. That means they are told to go to

Brahma and they can become like Krishna or would go into the lap of Krishna. They just have a vision of a *prince*. If you study well, you can become that. That is your *aim* and *objective*. A *sample* would be shown of just one. That is called a *model*. You know that Baba has come to tell you the story of the true Narayan and to change you from an ordinary man into Narayan. First of all you will definitely become *princes*. It is shown in the scriptures that Krishna ate the butter, but in fact that was the globe of the sovereignty of the world. How could the moon etc. be shown in his mouth? The two cats are shown fighting each other and butter is shown to be received by the one in between who became the master of the world. Look at yourself and see whether you have become like that or not. This study is for earning an income. This would not be called a praja-pathshala (where the subjects study). This is the pathshala for becoming Narayan from an ordinary man. This is a *Godly University*. God is teaching you. Baba has said: Write: Ishwariya Vishwa Vidhyalaya (Godly World University). Write *University* in *brackets*. However, you forget to write that. No matter how much *literature* you give people, they don't understand anything from that. Here, you have to explain personally. You receive an unlimited inheritance from the unlimited Father. You have been receiving a limited inheritance for birth after birth. You can do *service* using the *badge*. Even if someone does laugh at you, the point of the two fathers is still good. There are many who explain to their children in this way. Children also explain to their father. A wife would bring her husband here. In some cases, they even fight one another. You now know that all of you are souls, sons. You have a right to an inheritance. In the world, the daughter gets married and goes to another home. That is called donating the kumari. She is given to someone else. You don't have to do that any more. There, in heaven, too, a kumari goes to another home, but she remains pure. This is the impure world and that golden age is Shivalaya, the pure world. You children now have the omens of Jupiter over you. You will definitely go to heaven. This is fixed. However, you have to claim a high status by making effort. You have to ask your heart: Am I doing service like So-and-so? It should not be that you want a *teacher*. You yourself have to become a *teacher*. Achcha. You children have to make effort. What would Baba do by taking money from anyone? You can go and open *museums* etc. All the buildings etc. here will be destroyed. Baba is the Businessman and also the Stockbroker. He liberates you from the chains of sorrow and gives you happiness. The Father now says: A lot of time has gone by and little now remains. You will see how much upheaval there will be. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Live as a *trustee* and free from attraction. Do not have any wasteful expenditure. Continue to make effort to remain as pure as the deities.
2. Remember the loveliest One of all (the Father). As much as possible continue to reduce the bondages of the iron age and lighten yourself. Do not increase them. Stay in the happiness that you are going into golden-aged divine relationships.

Blessing: May you be a great soul and give a vision of your closeness to the Father through your sweetness.

Children who have sweetness in their thoughts, sweetness in their words and sweetness in their deeds are close to the Father. Therefore, the Father says to tells them every day: Sweetest children. The children also *respond*: Sweetest Baba. So, these sweet words every day make you full of sweetness. Only the elevated souls who reveal their sweetness are great souls. Sweetness is greatness. If there is no sweetness, greatness cannot be experienced.

Slogan: Perform any task you have whilst being *double-light* and you will experience that to be a form of entertainment.

*** OM SHANTI ***

Essence: Sweet children, in order to become pure, it is essential to have the pilgrimage of remembrance. This is the main *subject*. Through the power of yoga you can become serviceable and virtuous.

Question: How is the yoga that you children study the most unique yoga of all?

Answer: Until today, all the yogas that people have been studying and teaching one another have been yogas that connect human beings with human beings. However, we are now having yoga with the Incorporeal One. When incorporeal souls remember the incorporeal Father, that is most unique of all. When people in the world remember God, they do that without having His introduction. To remember anyone without knowing his *occupation* is devotion. Knowledgeable children have remembrance whilst having His introduction.

Om shanti. The spiritual Father sits here and explains to you children. You children have first of all received the Father's introduction. When a baby is born, he first receives the introduction of his parents. Amongst you too, you have received the introduction of the Father, the Creator, numberwise. You children know that only the Father is the Highest on High, so you also have to tell others His praise. You sing the praise: Salutations to Shiva. To say "Salutations to Brahma and salutations to Vishnu" doesn't seem right. It seems right to say, "Salutations to Shiva". It seems right to say: Salutations to the deity Brahma, salutations to the deity Vishnu. They have to be called deities. God is the Highest on High. When someone comes, first of all definitely tell him the Father's praise. He is the Supreme Father. Children forget how to relate the Father's praise. First of all explain that He is the *Supreme* Father, the *Teacher* and also the Satguru. All three have to be remembered. In fact, you have to remember Shiv Baba alone in all three forms. You have to make this firm. You know the Father's praise and this is why you praise Him. They have said that the highest-on-high Father is in the pebbles and stones. They also say that He is in a human form. However, He cannot always stay in a human body. He simply takes that on *loan*. He Himself says: I take the support of this one's body. So, make the first thing firm, that the Father is the Truth. He alone tells you the story of the true Narayan. Only the true Father changes you from an ordinary man into Narayan. In the golden age, there was the kingdom of Lakshmi and Narayan. It is only now that you understand how they became that, who made them that, when the story was told and when Raja Yoga was taught. All other types of yoga are of human beings with human beings. They don't have any type of yoga in which human beings have yoga with the Incorporeal One, and also know His introduction. Nowadays, although people do have yoga with Shiva and they also worship Him, no one knows Him. They don't even understand that Prajapita Brahma would definitely be in the corporeal world. They are confused. They think that Prajapita Brahma should first of all be in the golden age. If Prajapita Brahma exists in the golden age, then why have they shown him in the subtle region? They don't understand the meaning of that. This corporeal one is in the bondage of karma whereas that subtle being is karmateet. No one has this knowledge. Only the one Father gives you knowledge. When He comes and gives you knowledge, it is then that you can give it to others. It is very easy to give others the Father's introduction. You just have to explain Alpha. That One is the unlimited Father of all souls. It is not difficult to give anyone His introduction. It is very easy. However, if you don't have that faith or practice, you are unable to explain to others. If you don't give knowledge to anyone, it means that you don't have knowledge yourself. If there isn't gyan, then that is devotion. There is body consciousness. Only those who are soul conscious would have knowledge. I am a soul, and my Father, the Supreme Father, the Supreme Soul, is also the Father, Teacher and Satguru. There is also Prajapita Brahma. The Father has told you the *occupation* of Prajapita Brahma and also of Himself. People have mixed up Shiva and Shankar and said that both are one. They say that destruction took place when Shankar opened his eye. Destruction will take place through *bombs* and *natural calamities*. They say: Shiva, Shankar, Mahadev! Those pictures are not accurate. All of those pictures belong to the path of devotion. There isn't anything like that there. Prajapita Brahma is also a bodily being. He has so many children. So, all of those pictures are for worshipping. The Father has explained to you: This one (Brahma) is corporeal (vyakt) and that one is subtle (avyakt). When he becomes avyakt, he becomes an angel. There are definitely both places: the incorporeal world and the subtle region. You also go to the subtle region. The Father has explained that Prajapita Brahma who is a human being then becomes an angel. Then, he was

also shown the kingdom. He will rule there. It would be difficult to explain without the pictures of the subtle region. In fact, the four-armed image of Vishnu doesn't really exist. That is a picture of the path of devotion. The Father explains that it is the soul that has to become pure from impure. Souls will become pure and go back to their land. Souls reside in the incorporeal world and become corporeal here. However, there isn't an important story told in the subtle region. Only at this time does the Father explain to you the secrets of the subtle region. So, there is the incorporeal world, the subtle region and then the corporeal world. Therefore, first of all, give everyone the Father's introduction. On the path of devotion people call out to Baba "Oh God!, oh Prabhu!" but they don't know Him. It is always said: Salutations to the Supreme Soul Shiva. It is never said: Deity Shiva. It is said: Deity Brahma. Shiva is only called the Supreme Father, the Supreme Soul. It is never said: Deity Shiva. It is always said: Supreme Soul Shiva. He cannot be called omnipresent. He has to carry out the task of making the impure ones pure. Therefore, could He do that by entering the pebbles and stones? That is called extreme darkness. This too is fixed in the drama. The Father comes and explains whenever there is extreme unrightousness. Defamation of what? Those people simply recite the verses and then relate their meaning. You children should go to them and see them do that. You should tell them: We will explain to you the meaning of this. Then, straight away give them this knowledge. They would not realise that you are BKs. Although you dress in white, you don't have a stamp on you. You can go and listen to them anywhere and ask them to tell you the meaning of what they say. Then, see what they tell you. All of these pictures are for understanding the *details*. There is a lot of knowledge. Even if you were to make the ocean into ink, there would be no end to knowledge. Then, you are also told about it taking just a *second*. You just have to give the Father's introduction. That same unlimited Father is the Creator of heaven. All of us, His children, are *brothers*. So, we too should definitely have the kingdom of heaven. However, not everyone can receive that. The Father only comes in Bharat and it is only the people of Bharat who become residents of heaven. Others come later. This is very easy, but they don't understand. Baba is amazed. One day, even those who sing that they are without virtues, or, who belong to that organisation, will also come and listen. Those who come at the end will become more clever. Anyone can go and serve them too. Many of you are too embarrassed. There is a lot of body consciousness. Baba says: You also have to explain to the prostitutes. They are the ones who have degraded the name of Bharat. The main thing needed here is the power of yoga. Everyone is completely impure and so the pilgrimage of remembrance is needed to become pure. That power of remembrance is slightly lacking at present. Some have knowledge, but they lack remembrance. This is a *difficult subject*. Only when you *pass* in this can you uplift those without virtues. The good experienced mothers can go and explain to them. Kumaris don't have that experience. Mothers can explain to them. The Father says: Become pure and you will become the masters of the world. The world itself will become Shivalaya. The golden age is called Shivalaya. There is plenty of happiness there. You can also tell them: The Father says: Now make a promise to remain pure. The sword to make such impure ones pure has to be very sharp. Perhaps there is still time for this. It is numberwise in your explaining. Baba knows, out of those living at the centres, that not all are the same. There is the difference of day and night amongst those who go out on service. So, first of all, when you explain to anyone, first give them the Father's introduction. Praise the Father. No one except the Father can have all these virtues. He alone makes you virtuous. The Father Himself establishes the golden age. This is now the confluence age when you are becoming the most elevated. He sits here and tells you souls: Explain that the body belongs to the soul. To whatever extent someone understands, this becomes visible on his face. The face of those who are *moody* changes completely. When you sit here considering yourself to be a soul, your face will remain good. This also has to be practised. Those who live at home with the family are not able to take this leap as much because they have their mundane business to do. Only when they practise this fully whilst walking, sitting and moving around can they become firm. Only through having remembrance you become pure. To the extent that you souls stay in yoga, accordingly you become pure. In the golden age, you were satopradhan and so you were very happy. You are now laughing and enjoying yourself at the confluence age. Therefore, now that you have found the unlimited Father, what more do you want? You have to surrender yourself to the Father.

Scarcely any wealthy ones emerge. Only poor ones receive this. The drama is created in this way. Gradually, there will continue to be expansion. A handful out of multimillions become beads of the rosary of victory. However, the subjects have to be created numberwise. So many will be created. There will be all types: wealthy and poor. A whole kingdom is being established. All the rest will go back to their own *sections*. So, the Father explains: Children, you also have to imbibe divine virtues. Your food and drink also have to be good. You should never want to eat something in particular. These desires arise here. Baba has seen many ashrams of those who are in the stage of retirement. They live there very peacefully. Here, the Father explains all of these unlimited things. Prostitutes and those without virtues will come and become even more clever than you. They will sing such *first-class* songs that your mercury of happiness will rise. Only when you explain to those who have fallen so far down and make them elevated will your name be glorified. They will say: You also make the prostitutes so elevated. They themselves would say: We were shudras, we have now become Brahmins and then we will become deities and then warriors. Baba can understand about everyone as to whether they will be able to progress or not. Those who come at the end can go ahead of them. As you progress further, you will see everything. You are seeing it even now. New children have so much enthusiasm for *service*. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Do the service of making impure ones pure. Give knowledge to the singers and prostitutes and uplift those who have fallen. Only when you uplift them will your name be glorified.
2. In order to make your vision pure, practise whilst walking and moving around, practise "I am a soul, I am speaking to a soul." Stay in remembrance of the Father and you will become pure.

Blessing: May you be a fortunate soul and enable everyone to attain the key of "Baba", the key to all treasures.

Even if you are unable to know the expansion of knowledge or are unable to relate knowledge, when you accept the one word "Baba", in your heart and say it to others from your heart, you become a special soul. In front of the world, you become a great soul, worthy to be remembered, because the one word "Baba" is the key to all treasures and fortune. The way to use the key is to know Baba and accept Him in your heart. Say Baba from your heart and all the treasures are always present in front of you.

Slogan: You love BapDada and so, out of love for Baba, sacrifice the old world.

* * * O M S H A N T I * * *

Contentment

Today, the Dilwala Father (One who conquers your heart) has come to have a heart-to-heart conversation with His loving children who are seated on the heart-throne. Dilwala has come to have an exchange and to ask His children who have an honest heart about the welfare of their heart. The spiritual Father is having a heart-to-heart conversation with the spirits. This heart-to-heart conversation of the spirits is only experienced at this time. You spirits have such power of love that you bring the Father, the Creator of the spirits, from beyond sound (nirvana) into sound to have a heart-to-heart conversation. You are such elevated spirits that you even bind the Father, who is free from bondage, in the bond of love. People of the world call out to Him as the One who liberates them from bondage and such a Father, who is free from bondage, is always bound in the bond of the children's love. You are clever in binding Him. Whenever you remember Him, the Father becomes present. The Lord becomes present. So, today, Baba has especially come to have a heart-to-heart conversation with the *double* foreign children. Now, in this season, it is the special turn of *double* foreigners. The majority who have come are the double foreigners. The residents of Madhuban are residents of the elevated place anyway. You are those who see meetings with the variety of souls of the world whilst sitting in one place. Those who come here go back, whereas those who are residents of Madhuban always stay here.

Today, Baba is asking the *double*-foreign children: Have all of you become jewels of contentment who are sparkling in BapDada's crown? Are all of you jewels of contentment? Are you always content? You don't sometimes become discontented with yourself, with Brahmin souls, with your own sanskars, or with the influence of the atmosphere, do you? Are you always content with everything? If you are content sometimes but not at other times, would you be called jewels of contentment? All of you said that you are jewels of contentment, did you not? Then you wouldn't say that you are content but that others make you discontent, would you? No matter what happens, contented souls would never let go of their speciality of contentment. Contentment is the special virtue, treasure and special decoration of life. When you love something, you never let that thing go. Contentment is your speciality. Contentment is the special mirror of transformation in Brahmin life. There is ordinary life and Brahmin life. Ordinary life means to be sometimes content and sometimes discontent. Seeing the speciality of contentment in Brahmin life, even those who don't have knowledge are impressed. This transformation becomes instrumental in bringing about transformation in many souls. It emerges from everyone's lips that that one always remains content, that he always remains happy. Where there is contentment, there is definitely happiness. Discontentment makes your happiness disappear. This is the praise of Brahmin life. If there isn't contentment all the time, then it is an ordinary life. The basis of easy success is contentment. Contentment is the elevated means to make souls loving to the whole Brahmin family. Everyone will automatically love those who remain content. Everyone always tries to bring them close to themselves and to make them co-operate in every elevated task. They don't have to make any effort to be brought close or to be made co-operative, or to be put on the *list* of special souls. They don't have to think this; they don't even have to say it. The speciality of contentment itself makes you a *golden chancellor* in every task. Souls who are the instruments for a task would automatically think of involving the contented souls and would continue to give them a *chance*. Contentment always enables you to harmonise with everyone's nature and sanskaras. A contented soul is never afraid of anyone's nature or sanskaras. You have become such contented souls, have you not? God Himself came to you, you didn't go to Him. Fortune itself came to you. Whilst sitting at home, you found God, you found fortune. Whilst sitting at home you received the key to all treasures. Whenever you want anything, you have the treasures because you have become those who have a right. Therefore, you also automatically receive the *chance* to come close to everyone and to come close in service. Your speciality itself enables you to move forward. Everyone naturally has love in their heart for those who always remain content. It is not superficial love. One is to give someone superficial love in order to please him and the other is love from the heart. Sometimes, you have to give love to some so that they don't become upset.

However, such souls are not worthy of receiving love all the time. Contented souls always receive everyone's love from their heart. Whether someone is new or old, whether that one's introduction is known or not, contentment itself gives the introduction of such a soul. Everyone would desire to speak to that person and sit with him. So, are you content in this way? You are firm, are you not? You are not saying that you are becoming that, are you? No. You have become that.

Contented souls are always conquerors of Maya. This is the gathering of those who are conquerors of Maya. You are not those who are afraid of Maya, are you? To whom does Maya come? She comes to everyone, does she not? Is there anyone who says that Maya doesn't come? She comes to everyone, but some are afraid of her and others recognize her and this is why they are able to remain careful. The Father's obedient children who stay within the line of the code of conduct recognize Maya from a distance. It is when you take time to recognize her or when you make a mistake in recognizing her that you become afraid. You have heard the memorial of the story of how Sita was deceived. It was because she didn't recognize him. She was deceived because she didn't recognize the form of Maya. If she had recognized that one as not being a brahmin priest or a beggar, she wouldn't have had to experience being in the cottage of sorrow. However, it was because she recognized him later that she was deceived, and, because of being deceived, she had to suffer. From being yogi, she became viyogi (separated through lack of yoga). From being in constant company, she became distant. From being a soul who was an embodiment of attainment, she became a soul who was calling out. Reason? Lack of recognition! Because of lacking the power to recognize Maya, instead of being able to chase Maya away, you become afraid. Why is there a lack of recognition? Why doesn't recognition come at that time, but later? What is the reason for this? The reason is that you don't constantly follow the Father's elevated directions. Sometimes, you remember them and sometimes you don't. Sometimes, you have zeal and enthusiasm and sometimes you don't. Those who disobey the orders to remain "constant", that is, those who don't stay within the line of the code of conduct of the orders received are deceived by Maya at that time. Maya has so much power of discernment. Maya sees that you are weak at that time, and through that weakness, she thereby makes you belong to her. The door for Maya to enter is weakness. When she finds even a little way in, she quickly enters there. What do burglars do nowadays? Even though the doors may be closed, they come in through the *ventilators*. To become slightly weak even in your thoughts means to give way to Maya. This is why the very easy way to become a conqueror of Maya is always to stay with the Father. To stay with Him means automatically to stay within the line of the code of conduct. Then you will be liberated from making effort to become free from each vice individually. Remain in the company, then you automatically become the same as the Father. Company will automatically colour you. Don't put aside the seed and labour to cut just the branches – one day you become a conqueror of lust, the next day you conquer anger. No. You are constantly victorious. When you finish the seed through the Seed-form, you will automatically be liberated from repeatedly making effort. Simply keep the Seed-form with you. Then the seed of Maya will be burnt in such a way that no trace would emerge from that seed. In any case, seeds that are roasted can never give fruit.

Therefore, remain with the Father. Remain content. Then what can Maya do? She will *surrender* herself. Do you not know how to make Maya *surrender*? If you yourself are *surrendered* then Maya is *surrendered* to you anyway. So, have you *surrendered* Maya or are you still making preparations? What is your state? Just as you have your own *surrender ceremony*, in the same way, have you already celebrated the *surrender ceremony* of Maya, or do you still have to celebrate it? To have become *holy* means the *ceremony* has taken place. She has been burnt. Then, when you go back home, you will not write letters saying, "What can I do? Maya came! will you? You will write letters of good news, will you not? How many *surrender ceremonies* have taken place? Your own ceremony has taken place, but you also enabled other souls to *surrender* Maya. You will write such news, will you not? Achcha.

To the extent that you have come here with zeal and enthusiasm, BapDada always wants to see you children as contented souls with just as much zeal and enthusiasm all the time. You have love anyway. The sign of love is that you have come close from so far away. You counted the days and nights with love and reached here. If there hadn't been love, it would have been difficult to reach here. You have *passed* in having love. You have received the *pass certificate*, have you not? You have *passed* in every *subject*. Nevertheless, BapDada gives thanks to you children because your eye of recognition is sharp. Whilst living far away, you have recognized the Father. Those who are with Him, that is, those in this country are not able to recognize Him, but you have recognized Him whilst sitting far away. You recognized the Father and made Him belong to you and made yourself belong to Him. BapDada is giving special congratulations for this. So, just as you went ahead in recognizing Him, in the same way, become *number one* in becoming conquerors of Maya and you will definitely become those who always receive congratulations from the Father. Then BapDada will be able to send any soul who is afraid of Maya to you telling them: Ask that child about his experience of becoming a conqueror of Maya. Demonstrate this by becoming such an example. Just as the family that conquered attachment is well known, so the centre that became conquerors of Maya should also be just as well known, that is a centre where Maya never wages war. For Maya to come is one thing but for Maya to wage war is something else. So you are those who will claim a *number* in this too, are you not? Who will become *number one* in this? Will London, Australia or America become this? Who will become this? Paris? Brazil? Germany? Whoever becomes this, BapDada will then *announce* them as such living *museums*. Just as the *museum* of Abu is said to be *number one* in service and also in its decoration, so there should be a living *museum* of the children who are conquerors of Maya. You have this courage, do you not? How much time do you want for that now? In the *Golden Jubilee*, those who do something first will be given a prize. Demonstrate this by going *fast* even though you have come *last*. Even those from Bharat should *race*. However, you can go ahead of them. BapDada is giving everyone a *chance* to go ahead. You can even claim a number amongst the eight. Eight will receive a prize. It is not that only one will receive a prize. You are not thinking that London and Australia are older now and that you are the new ones who have only just come now, are you? Which is the smallest new centre? The youngest are always loved by everyone. To the younger ones it is said: The old ones are old, but the young ones are equal to the Father. All of you can do this. It is not a big thing. Greece, Tampa, Rome. These are the younger centres. You are those who have great enthusiasm. What will Tampa do? Build a *temple*? That entertaining child who came was told to make a temple in Tampa. Anyone who comes to Tampa should become pleased on seeing each of you living idols. You powerful ones should become ready. Just you kings should become ready and the subjects will then be created very quickly. It takes time for the *royal family* to be created. This kingdom of the *royal family* is being created and then there will be many subjects who come. So many subjects will come that you will become distressed just on seeing them. You will then say: Baba, now stop this! However, first of all, let the royal ones who have a right to the throne of the kingdom become ready! Only when those with a crown and a tilak are ready will the subjects say, "Yes, my lord!" If you don't have a crown, how would your subjects believe that you are the king? It takes time for the *royal family* to be created. You have come at a good time to have a right to become part of the *royal family*. The time for the subjects to come is yet to come. Do you know the sign of becoming a king? From now, become self-sovereigns and the ones who have a right to world sovereignty. Those who now become close and co-operate with those who are to become the rulers will also be close and co-operative in ruling the kingdom there. Now you co-operate in service and then you will be co-operative in ruling the kingdom. Therefore, check from now: Are you kings? Or do you sometimes become kings and sometimes subjects? Sometimes dependent and sometimes one with a right. Are you kings all the time? So, how *lucky* are you? Don't think that you have come late. Those who really come at the end will have to think about that. You have arrived here at a good time. This is why you are *lucky*. Don't wonder whether because you have come late you will be able to become kings or not. Will I be able to become part of the *royal family* or not? Always think: If I don't come, who will? You have to be part of it. Don't think: I don't know whether I will be able to come

there or not? I don't know whether this will happen or what will happen. No. You know that you have accomplished this every cycle. You are doing it now and will always do it. Do you understand?

Never think that you are foreigners and that they are from this land that that one is an Indian and I am a foreigner. Our way of doing something is our own and theirs is their own. It is just for the sake of introducing you that you are called *double* foreigners, just as here, too, it is said: This one is from Karnataka, that one is from UP. You are Brahmins, are you not? Whether you are Indians or from abroad, all of you are Brahmins. It is *wrong* to think that you are foreigners. Your new birth was in the lap of Brahma, was it not? That is said just for the sake of introducing you. However, never think that there is a difference in your sanskaras or in your understanding. You belong to the Brahmin clan, do you not? You are not part of the American or African clan, are you? What would everyone's introduction be given as? Brahma Kumars and Kumaris of the dynasty of Shiva. It is just the one dynasty, is it not? Never speak about this difference in your words. Not that Indians do it this like this and foreigners do it like that. We are all one. The Father is One. The path is one. The customs and systems are one. Nature and sanskaras are one. So, how can there be a difference between those from this land and those from abroad? By calling yourselves those from abroad, you will become distant. We are all Brahmins belonging to the clan of Brahma. Not that this happens because I am a foreigner or I am a Gujarati. All of you belong to the one Father. The speciality is that all the different sanskaras have united and become one. All the different religions and castes and clans have ended. You belong to One. That means you are all one. Do you understand? Achcha.

So you had a chit-chat, did you not? BapDada likes this type of sparkle and beauty. There is also the beauty of Madhuban, is there not? Children are always the beauty of a home. There is such great beauty. Madhuban is decorated by all of you. One speciality is very good. You have a lot of love for service. You have love for the study too, but some of you are a little careless in that. The *majority* of you are good in your love for service, and it is this love for service that is making you free from obstacles. Because of remaining *busy*, you are liberated from all types of Maya. All of you who have come have love. The *result* this year is better than previous years. The record of the growth in service is also good. You appear to be experienced souls. Experienced souls don't fluctuate quickly. Because of not being experienced you go up quickly and you also come down quickly. However, this year, the result is that the *majority* of you have been good and free from obstacles. Now, quickly claim a *number* in becoming conquerors of Maya. Achcha.

To the special souls who have the speciality of contentment, to the children who always achieve success in service through contentment, to the elevated souls who always have a right to self-sovereignty and thereby world sovereignty, to the children who always become *number one* in every task through having faith, BapDada's love, remembrance and namaste.

Blessing: May you be a constant yogi and use your mind and intellect in the right way.
A constant yogi means that the mind and intellect are the special means for you to become a master of the self. The mantra itself is manmanabhav. Yoga is said to be yoga of the intellect. Therefore, if these special foundation pillars are under your control, that is, if they are working in the right way according to your orders, then whatever thoughts you want to have, you will be able to have such thoughts and you will be able to focus your intellect wherever you want. Your intellect should not make you kings wander. When it works in the right way, you will be called a constant yogi.

Slogan: Become a *master* world teacher; do not make time your teacher.

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